

# Friends of Londiani

Volume 1, Issue 7

February, 2006

## WELCOME!!!

Welcome to the FOL Newsletter. This contains our latest updates from Kenya, and details of our latest fundraising events.

Our website is [www.friendsoflondiani.com](http://www.friendsoflondiani.com) and we will continue to update it with the latest photos, news etc.

Please feel free to copy and pass this newsletter onto anyone you know who is interested.

## FRIENDS OF LONDIANI CONTACTS:

### ADDRESS:

9 Cois Cuain, Mosestown, Whitegate, Co. Cork

### EMAIL:

[friendsoflondiani@eircom.net](mailto:friendsoflondiani@eircom.net)

### TELEPHONE:

+353 21 4662730



## HAPPY NEW YEAR

A belated but sincere Happy New Year to you and your family. Everyone in Bethel Faith Home & School sent their warmest wishes to all our supporters here for the season just passed.

## A BUSY YEAR!

2006 is warming up as another busy year for Friends of Londiani. We are having a series of fundraising and awareness-raising events in the coming months and we look forward to meeting you there.

## DATES TO MARK!

**April 8<sup>th</sup>** Kenya Ball, Cork

**April 8<sup>th</sup>** Launch of Kenya Project 2007

**June 2<sup>nd</sup> – 5<sup>th</sup>** 4 Peaks, 4 Countries Challenge

## CHRISTMAS FUNDRAISING 2005

**Thank you** to all those who contributed to our 2006 Christmas Cards, Vouchers and Calendar appeal. Your support is very much appreciated. This year we raised between €12,000 and €13,000 through cards, calendars, vouchers, donations and collections. This money will go towards education, water, hospital and peer education projects in Kenya.

**A special thank you** to all those who organised collections or helped in anyway in supermarkets, shopping centres or who sold stock among their work colleagues and friends.

Your support and help is very much appreciated.

1	Welcome & Christmas Fundraising 2005
2	Kenya Ball 2006 & Kenya Project 2007
3	Update from Kenya
4	Footprints to Kenya – 4 Peaks, 4 Countries Challenge 2006
5	Annual Fee – Become a ‘Friend of Londiani’
6 & 7	Standing Order Appeal & Form

## KENYA BALL 2006 ~ CORK

Last year this hugely successful event raised vital funds for the Harambee 2005 project. This year all money raised will be used to continue the work of Friends of Londiani especially the continuation of the projects worked on during Harambee 2005.

The venue, The Rochestown Park Hotel, have offered us a special rate on bedrooms for the night - €60 per person sharing. If you would like to avail of this offer, please let us know or contact the hotel directly saying that you are going to the FOL Kenya Ball (Rochestown Park Hotel Tel: 021 – 4890800).

Each table at the Ball will seat 10 people so

- ☺ maybe your work social club will sponsor a table?
- ☺ maybe it's time for a family reunion?
- ☺ maybe it's a good way to meet up with friends?
- ☺ maybe it's an excuse to get dressed up!!!

Whatever the reason, we look forward to seeing as many supporters of Friends of Londiani as possible!

We would be delighted if you can advertise this event in your workplace or local area. Coloured posters are available and if you would like us to send you some, please let us know. Any help with raffle prizes for the night would also be appreciated.



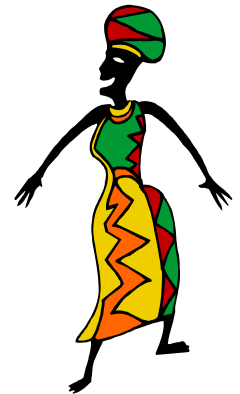
## Kenya Ball 2006

Saturday, April 8th

Rochestown Park Hotel, Cork

Music by "The Groove Orchestra"

Tickets €70 each



Price includes Drinks Reception, 5 course dinner with wine, Band and DJ.  
All proceeds go to hospital, school, water, building, HIV/Aids and education projects in Londiani and its surrounding areas in Kenya.

**Tickets are limited so book early.**

## Launch of the Kenya Project 2007!!!

Friends of Londiani are planning to organise another community project for the summer of 2007. Discussions are ongoing with the people of Londiani and its surrounding villages.

It is hoped that the details of this project will soon be finalised and the Kenya Project 2007 will be revealed at the Kenya Ball this year.

Following that event, all information will be available on the website and from us directly.

It is shaping up to be another great project and we look forward to presenting it to you  
**on April 8<sup>th</sup> in The Rochestown Park Hotel.**

## UPDATE FROM KENYA



- ★ It has been reported in the media that Kenya has been affected by drought in the past few weeks and so life is becoming harder for the people there due to lack of water, crop failure & food shortages.
- ★ Friends of Londiani Ireland has now an official sister charity in Kenya (Friends of Londiani, Kenya). Friends of Londiani Kenya achieved NGO status (Non Governmental Organisation) last November. This is great news as it will allow us to manage our work in Kenya even more efficiently and effectively in the future.
- ★ The children in the Bethel Faith home in Londiani received Christmas presents again this year from Brownies and Guides in Ireland. The children were very excited on Christmas day to receive all the gifts. Thank you to all those units involved in this project.
- ★ Ndubusat Primary School is almost finished its renovations and the official opening of the classrooms will be happening in February.
- ★ The Ndubusat hospital work is continuing and the six wards are now ready for patients. Work has begun on other necessary hospital buildings.
- ★ The HIV/AIDS peer education groups are growing daily and a lot of men are now involved as well. Our co-ordinator of the groups in Kenya has been working very hard keeping everything on track. It is great to see that the work originally started in 2002 is now blossoming in such a huge way.
- ★ The children in the home are all well and two of the older girls have now started in third level education – one as a Science Teacher and the other as a Nurse. These girls' education is funded by the donations received by Friends of Londiani, Ireland.
- ★ The Headmaster and students of Ndubusat Primary School would like to say thank you to all those who helped make their school into a “fantastic place to learn”.
- ★ The Staff of Ndubusat Hospital and the Ndubusat Community are very grateful for the hospital buildings and programmes put in place by FOL.
- ★ The water project in Ndubusat is a big success bringing water to many people every day.
- ★ Many project proposals have been received from local people by FOL for the future and will be considered for our Kenya Project in 2007.



Photos from Kenya – January 2006



# Footprints To Kenya

Last June a group of very determined people set off very early one Saturday morning in Wicklow for the first Peak of their Four Peaks Challenge. The group raised important funds for the Harambee 2005 project and in doing so climbed the Four Highest Peaks in Ireland, all in one weekend.

This year the Four Peaks Challenge has been changed slightly! This year the Challenge is to climb the Four Highest Peaks in Four Different Countries, all in one weekend. An amazing challenge!

If you would like to get involved in supporting this group of wonderful (but crazy!!) people and help them achieve their goal, please contact us. All assistance with sponsorship and support along the way will help Friends of Londiani ongoing projects in Kenya.



4  
Peaks  
4  
Countries  
4  
Kenya

A challenge 4 everyone !!

2<sup>nd</sup>-5<sup>th</sup> JUNE '06



Footprints to Kenya - the Friends of Londiani Four Peaks challenge will start on Friday, 2nd June when the team leaves Dublin for Glasgow. The team will complete Ben Nevis in Scotland and Scafell Pyke in the Lake District on Saturday, Snowdon in Wales on Sunday. They will then return to Ireland to complete Carrauntohill in Kerry on Monday.

The team consists of 40 Irish people from all over Ireland. They have begun training and hope to complete the 4 peaks in the given time period.

We are seeking sponsorship for this challenge. We hope to raise as much as possible during the weekend to continue our education, health, building, water, HIV/Aids and development projects in Kenya.

If you would like to make a donation to this challenge you can lodge money directly into our fundraising account in **Permanent TSB. Bank Sort Code: 990701 Account Number: 84666541**

Or send a cheque or postal order to Friends of Londiani, 9 Cois Cuain, Mosestown, Whitegate, Co. Cork.

Alternatively you could help by sponsoring any of our team members, assisting them to complete the challenge.

## ANNUAL FEE OF FRIENDS OF LONDIANI

We would like to sincerely thank all the people who paid the annual fee in 2005 and to those who signed up to a Standing Order.

### Annual Fee

The annual fee is now due. If you pay the annual fee of **€24 (€2 a month)**, you become a 'Friend of Londiani' for the year. This means we will send you our quarterly newsletter, which will keep you up to date with news from Kenya, upcoming events and project details. The newsletter can be sent out via our emailing list or you can chose to receive it by post. The annual fee covers the cost of running the charity and pays for all the administration costs, both here and in Kenya. It is an important part of our fundraising and we appreciate all those who contribute in this way

If your annual subscription is due please forward us **€24** or sign up for a **€2 a month** standing order. If you know anyone else who would like to become a 'Friend of Londiani' please ask them to complete the form below and send it to us, by email or post.

If they would like to donate more than **€2 a month**, please feel free to do so, either by cheque, postal order, lodgement or the Standing Order form. **A sincere thank you for your continued support.**

Jan 06

### Become a 'Friend of Londiani' for 2006

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_ Email: \_\_\_\_\_

**Communications:** Which method of communication e.g. newsletters, would you prefer?

Post

Email

**Annual Fee:** *Please tick which option you have selected*

Cheque for € \_\_\_\_\_ enclosed

Postal Order for € \_\_\_\_\_ enclosed

Standing Order for € \_\_\_\_\_

Lodgement of € \_\_\_\_\_ made

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

*Please include the completed SO form below*

*Permanent TSB. Bank Sort Code: 990701  
Account Number: 84666541*

All cheques / postal orders should be made payable to Friends of Londiani.  
Please return this form to Friends of Londiani, 9 Cois Cuain, Mosestown, Whitegate, Co. Cork  
or email it to [friendsoflondiani@eircom.net](mailto:friendsoflondiani@eircom.net)



### The Gift of Becoming a 'Friend of Londiani'

Someone recently asked us if it's ok to pay the annual fee for his girlfriend as a gift. Of course, we would be delighted if you want to use this as a gift.

Feel free to buy it as a gift for as many of your friends or family as you like!

## STANDING ORDERS

Many people have asked us to provide the opportunity to donate by Standing Order as it is easier for them than a once off payment. Please pass this onto anyone else you know who may be interested.

### Welcome to the “Friends of Londiani, Ireland” Standing Order Appeal.

Since its inception in 2002, the mission of Friends of Londiani is to work in partnership with the people of Londiani, and its surrounding villages to develop and complete sustainable community projects to enable and empower the people to achieve an improved quality of life based on their values and become the authors of their own development. The Friends of Londiani will endeavour to achieve these goals in a spirit of co-operation and mutual respect with one another and with the people of the area. This partnership will enable members of Friends of Londiani to further develop skills and a deeper cultural understanding.

#### What will your money do?

There are many advantages to donating to the Friends of Londiani:

- It will allow us to continue to provide necessary funds for the education of the children in the Bethel Faith Home and Training Centre in Londiani.
- It will enable us to continue to work with communities in Kenya and provide essential medical care for them.
- It will allow us to continue to support Irish volunteers going to Kenya to work on projects there.

#### How much do you have to donate?

You can donate any amount of money on a monthly basis and **all donations are gratefully received.**

For example if you donate **€5 a month**, you will have paid for a child's educational fees.

If you donate **€21 a month**, you are actually giving much more as we can claim Tax Relief Benefits so your €21 a month could actually bring €431 to the charity (see below).

#### Tax Relief Benefits

Under the tax relief for Designated Charities scheme Friends of Londiani can obtain a refund on the tax paid by individuals who are taxed under the PAYE tax system.

This means the value of your donation will be increased, for example if you donate at least **€250** (minimum qualifying amount) in the tax year and paid tax at a rate of **42%**, Friends of Londiani is entitled to a repayment of €181 making your total donation **€431**. Similarly the total value of a donation if you paid tax at a rate of **20%** is **€312.50**.

The Revenue Commissioners have produced a **CHY2 Certificate** to fill out. This applies to individuals who are assessed for tax under PAYE. The CHY2 form is available at <http://www.revenue.ie/doc/chy2.doc>

When completed, please send the standing order form to:

Friends of Londiani,  
9 Cois Cuain,  
Mosstown,  
Whitegate,  
Co. Cork

# Instruction to your Bank to pay a Standing Order

I wish to pay *each month* the sum of:

€2  €5  €21  €50  Or my own amount of €

Date of commencement of standing order (DD/MM/YYYY):

To Debit my current account number:

Bank Sort Code:

TO THE MANAGER (Name of your Bank/Building Society):

Address of your branch:

Your account name:

To credit the following Friends of Londiani Ireland Account:

Bank Sort Code: 990701  
Account Number: 84666541  
Bank: Permanent TSB, Lapps Quay, Cork

I instruct you to pay a standing order from my account to the Friends of Londiani, Ireland account.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(for joint accounts)

Your mail address:

Your email address: